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Coach Solid Chilli Starter Kit. This set includes One Liquid Chilli and One Solid Chilli. All you need to do is prepare the ingredients to cook the Chilli's and add to the sour cream and pour into a low carb tortilla or bread and enjoy.

Set of Two Liquid Chilli One Liquid Chilli is a spicy and fresh flavor bursting with fresh jalapeno peppers, chili powder and spices. This one is best served over a dollop of sour cream and sprinkled with shredded cheese. ****Liquid Calorie Guide:** About 8 Calories, 14g Fat, 250 Calorie/cup (Vegetarian). Flavors: Jalapeno Chili Powder Black Pepper Garlic Powder

Set of Two Solid Chilli One Solid Chilli is a spicy, fresh flavor bursting with fresh red peppers, chili powder and spices. This one is best served over a dollop of sour cream and sprinkled with shredded cheese. ****Solid Calorie Guide:** About 12 Calories, 16g Fat, 300 Calorie/cup (Vegetarian). Flavors: Red Peppers Chili Powder Black Pepper Garlic Powder

Bacon Roasted & Steamed Brussel Sprouts. Bacon Roasted Brussel Sprouts is a twist on traditional Brussels Sprouts that is perfect as a side dish or even as an accompaniment with grilled meats. These Brussels sprouts are sautéed in bacon fat and a bit of maple syrup and maple cinnamon are added. The sprouts are then steamed so that the sugars caramelize and they become soft and crispy. ****Calorie Guide:** About 25 Calories, 10g Fat, 110 Calorie/cup (Vegetarian).

Bacon Smothered Brussels Sprouts Flavors: Maple Syrup Maple Cinnamon Bacon We're Proud of our Bacon Certified Smoked Bacon for all of our Bacon Roasted Brussel Sprouts. Tropical Cranberry and Bacon Salad. Tropical



